



Week 1 Menu

Day	Breakfast	Lunch	Dessert	Snack
Monday	Toast or cereal with fresh fruit	Vegetable Pasta	Yoghurt & Fruit Salad	Boiled Eggs and salad
Tuesday		Chicken and Sweet potato pie	Rice Pudding	Tuna Mayonnaise & Cucumber stackers
Wednesday		Spaghetti Bolognese	Pea Cakes	Chicken Sandwiches
Thursday		Shepherd's Pie & seasonal Vegetables	Flap Jacks	Savoury Muffins with Peppers, Onions and Cheese
Friday		Fish Cakes & seasonal Vegetables	Ice Cream & fruit salad	Stuffed Tomatoes with Rice and a sprinkling of Cheese

Week 2 Menu

Day	Breakfast	Lunch	Dessert	Snack
Monday	Toast or cereal with fresh fruit	Savoury Rice & seasonal Vegetables	Ice Cream & fresh fruit salad	Cheese Wraps
Tuesday		Beef Stew & Yorkshire Puddings	Fruit Crumble & Custard	Tuna, Mayonnaise pasta & salad
Wednesday		Lasagne & seasonal Vegetables	Beetroot, Apple and Banana Cake	Egg Mayonnaise Sandwiches
Thursday		Chicken Dinner seasonal Vegetables&	Eton Mess	Home Made Pizza with a variety of toppings
Friday		Fish Cakes & seasonal Vegetables	Bananas & Custard	Cheese Muffins